



AAC Publications

Request for Assistance with Research

Stress and Re-engagement Following a Critical Incident

Stress and Re-engagement Following a Critical Incident

Please consider helping me complete this research in support of my doctoral studies at Texas A&M University. I am interested in learning about stress and re-engagement of outdoor adventure participants with their sport following “exposure” to a “critical incident”.

Critical incident refers to a fatality, disability, or injury or to a “close call” that highlighted the significant potential for major harm or loss.

By exposure it is meant that you experienced the critical incident personally, were a witness to it or have knowledge of an incident that caused you to reflect on and/or re-consider your own participation.

You can help by doing the following:

- a) Reflecting on a critical incident you have heard about, read about, witnessed, or been a part of.
- b) Describing the incident in a brief narrative (an example will follow in survey).
- c) Completing the questionnaire based on those thoughts and reactions to the critical incident. Completion of the survey will take anywhere between 8 – 20 minutes of your time. The link to the survey follows.

Your participation in this survey is voluntary and you may discontinue participation at any time. Your answers are confidential. I will not sell or distribute any identifying information to any party. By clicking on the link in qualtrics, you are agreeing to your participation in the study but you can discontinue at any time.

https://baylor.qualtrics.com/SE/?SID=SV_3b1gNBn5Vlbfxu5

You may receive this survey more than once because it is being distributed via multiple organizations. Apologies for duplications. Please complete the survey only once.

If you have any questions or comments about this study, please contact Kelli K. McMahan at KelliMc@tamu.edu or Kelli_McMahan@Baylor.edu. You may also contact my research chair at Texas A&M, Dr. David Scott. He can be reached at d-scott@tamu.edu

This research study has gone through a thorough review with the Institutional Research Board at Texas A&M and has been approved.

If your recollection of a critical incident causes emotional pain or distress, please seek out your local MHMR as a resource for professional counseling services. **Thank you for your participation and valuable feedback.**

Sincerely,

Kelli K. McMahan, Doctoral Candidate

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